



## APPLICATION OF COUNSELING SERVICES AT STATE ISLAMIC JUNIOR HIGH SCHOOL (MTSN) IN MEDAN CITY

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**Abstract.** *Guidance and counseling is needed in the world of education. As the goal, Education is to develop the character of students, the Mutual Guidance and Counseling is one of the instruments for forming these characters, because Guidance and Counseling has special tips for treating students humanely and well. This study aims to determine the extent of Guidance and Counseling practice conducted at the State Islamic Junior High School (MTsN) in the city of Medan. By using a descriptive qualitative research approach, this research involves a variety of important elements in MTsN in Medan, among others, principals, school counselors, subject teachers and vice principals in student affairs. This study found the results that the Guidance and Counseling Practices conducted at MTsN in Medan city had fulfilled the Standard Operating Procedures for implementing Guidance and Counseling. so that students can be supervised by their character in accordance with what is desired by the educational institution. Thus, the Practice of Guidance and Counseling in MYSn in Medan City can continue to be developed and used as a pilot project to be implemented in Private MTs in Medan and other cities.*

**Keywords:** *Guidance and Counseling Implementation, State Islamic Junior High School (MTsN) in Medan City,*

### INTRODUCTION

The problems occurred in students in the modernization era seem to be increasingly complex. Not only the problems of morals, ethics, student achievement or others. So that this nation's culture is gradually being abandoned. As a result, many students lose their identity and dignity as the next generation.

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Guidance and counseling as a science and profession are expected to be able to contribute to the world of education and contribute to the life of society and the nation. Guidance and counseling activities are not limited to schools, but also reach areas outside the school that give nuance and style to the implementation of formal education and human resource development. Counseling guidance teachers are expected to be more responsive, anticipatory, proactive, and responsive to the development of students that occur in the community.

The purpose of Guidance and Counseling in schools is to help students to develop self-understanding in accordance with the skills, interests, personal, learning outcomes and opportunities that exist, assist individuals in adjusting themselves and their environment and develop their abilities and potential. Besides that it also helps students to overcome the difficulties they face and helps them to understand themselves. Thus the individual who can understand his personality and life will guarantee a more effective and happier life.

MTsN throughout Medan is an Educational Institution whose religious nuances are very thick, because the religious subject matter is more than general subjects. But in reality the problems of students are not much different from other schools, and this is an obstacle in the education process. Students not only get lessons in their school but also take part in activities carried out outside of school in the form of extracurricular activities.

Deviant actions taken by students, is part of the mental turmoil of teenagers who are misdirected. This often occurs in adolescents caused by children having excessive energy, thus causing students to be less interested in following lessons in class. Psychologically adolescent mental conditions are very unstable, so that in adolescent behavior is still strongly influenced by emotional drive. In this case adolescence is a period of searching for self-identity that has not revealed a complete figure.

Realizing this, Guidance and Counseling teachers are required to overcome the problem of deviant behavior of students. Because education is seen as one aspect that has an important role in shaping the mentality of future generations. With education it is expected to be able to produce qualified and responsible humans and be able to face the future.

## **LITERATURE REVIEW**

### **The Understanding of Guidance and Counseling**

Etymologically the word guidance is a translation from the English language, the word "Guidance" comes from the verb "to guidance" which means to show, guide, guide, or help, in accordance with the term, in general can be interpreted as a help or guidance. There is also someone who translates the word "Guidance" with the meaning of help. Based on this meaning, etymologically, guidance means help, guidance or help; but not all assistance, guidance or help means the context of guidance. A teacher who helps students answer exam questions is not a form of guidance context. Help, guidance or help that means guidance is very psychological context.

Miller defines guidance as a process of assistance to individuals to achieve the self-understanding needed to make maximum adjustments in school, family and community. On the other hand, Stoops and Wahlquist stated "guidance is the continuous process of helping the individual develop to the maximum of his capacity in the direction of the most beneficial to himself and to society."

From the understanding of guidance that has been stated above, it can be understood that guidance is the process of providing assistance to a person or group of people continuously and systematically by the counselor to individuals or groups of individual clients) to become an independent person. This guidance emphasizes preventive (prevention) meaning that the process of assistance provided to a person or group of people (clients) in order to prevent a problem can be solved.

### **The Aims of Guidance and Counseling**

The purpose of Guidance and Counseling is to help achieve the goals of education, teaching, and help individuals to achieve prosperity. The purpose of guidance is to help students so that they can overcome the difficulties or problems encountered, and lead to the good carefully. Another objective of Guidance and Counseling in general is in accordance with the purpose of education, namely the realization of a wholly Indonesian

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man who is intelligent, faithful, and devoted to God Almighty and virtuous character, has knowledge and skills, as well as a sense of social responsibility and nationality.<sup>1</sup>

## **METHODOLOGY**

This research uses descriptive research method with a qualitative research approach. Qualitative research as a scientific method is often used and carried out by a group of researchers in the social sciences including education. There are some considerations by researchers so that they choose to use qualitative methods in this study, which refers to the opinions expressed by Moleong as follows:

1. Adjusting qualitative research is easier when dealing with multiple realities
2. This method presents directly the nature of the relationship between researchers and respondents
3. This method is more sensitive and more adaptable to many sharpening influences together and to the patterns of values encountered. The research process is carried out by collecting data repeatedly to the location

## **FINDINGS AND DISCUSSION**

### **The process of implementing counseling services conducted by BK teachers in MTsN in Medan.**

The Head of MTsN Medan explained that the Guidance and Counseling teacher of MTsN Medan provided counseling guidance services in accordance with Islamic values. Students are provided guidance and services by providing insights on how to implement the values of Islamic teachings in a Kaffah. Furthermore, Mr. Muhayar Rangkuti, A.Md stated that the counseling services were wrapped with Islamic values in their implementation at MTsN Field. Students and students are guided according to the guidance of Islamic teachings.<sup>35</sup> the implementation of the ten counseling services is as follows:

First, Service Orientation. Orientation service is a guidance service conducted to introduce new students to get to know MTsN Medan. The expected outcome of the orientation service is to make it easier for students to adjust themselves to social life patterns, learning activities and other activities that support student success in

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<sup>1</sup> Saiful Akhyar, *Konseling Islami "Dalam Komunitas Pesantren"*, (Bandung: Citapustaka Media, 2015), p. 27-30

participating in the learning process at MTsN Medan. The main function of orientation services is carried out as a function of understanding and prevention.

Second, Information Services. Information services are carried out aimed at equipping individuals with a variety of knowledge and understanding of various things that are useful for getting to know themselves, planning and developing patterns of life as students, family members and the community. The main function of information services is the function of understanding and prevention. The material that can be delivered through information services is of various kinds, which includes: (1) Personal development information as students and students; (2) Information about the curriculum used in the teaching and learning process and explains how the teaching and learning process is carried out; and (3) providing information on how to live a family life, a social life, a diversity life, a social-cultural life, and the environment.

Third, learning services. Learning services are used as a means of developing students' learning potential. This service allows students to develop themselves with regard to attitudes and good study habits, learning material that matches the speed and difficulty of learning, as well as various aspects of goals and other learning activities in accordance with the development of science, technology, arts, and demands for abilities that are useful in life and his development.

Fourth, Placement and Distribution Services. This service is carried out to provide and direct further education and activities that students must carry out in accordance with their abilities, talents, and interests. If it is not channeled appropriately it can result in the student concerned not being able to develop optimally. Placement and distribution services allow students to be in the right position and choice, namely with regard to majors, study groups, choice of extra-curricular activities, training programs and higher education according to physical and psychological conditions. The main function of the placement and distribution service is the function of prevention and maintenance.

Fifth, Content Mastery Services. Content Mastery Service is a service that helps students master certain content, especially competencies and or habits that are useful in life at school, family, and society. Material in content mastery services aimed at counselees can have content in: (1) Learning technical skills; (2) Effective and efficient learning skills; (3) Practicing study habits; (4) Practicing daily time

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efficiency. For example: Arrange a schedule of daily activities: at home, at school, outside the home / school, and Using leisure time.

Sixth, Individual Counseling Services. The purpose and function of individual counseling services is intended to enable students to obtain direct, face-to-face services with the school counselor in the context of discussion and alleviation of their problems. The main function of guidance supported by individual counseling services is the alleviation function. School counselors should not just wait for the arrival of students, they should be active in making sure students who have problems become aware that they have problems, become aware that they need help to solve their problems. This effort is done with lectures, questions and answers related to individual counseling services so that it is sure that individual counseling services are truly beneficial and needed by students. Another effort is to call students based on in-depth analysis of the need for students to be called on the basis of learning analysis, instrument results, and the results.

### **The Forms of Problems Which are experienced by MTsN's Students in Medan City**

The results showed that there were at least five problems faced by Medan City MTsN students, including: (1) Problematic behavior; (2) Deviant behavior (behavior disorder); (3) wrong self-adjustment (maladjustment behavior); (4) Behavior can not distinguish right-wrong (conduct disorder); and (5) Attention Deficit Hyperactivity Disorder.

Prayitno said that basically the implementation of BK in schools to achieve tri success, namely academic success, success in career preparation and success in social relations.<sup>95</sup> Guidance and counseling is an assistance service provided by counselors to individuals both individually and in groups to develop their potential and optimal independence.

The same thing was expressed by Heru Mugiarto explaining that there were several problems faced by students in schools, including: First, Emotional Problems. Emotional problems arise as a result of physical and glandular changes, adolescent emotions are often very strong, uncontrolled, and sometimes seem irrational. This can be seen from the symptoms that appear to them, for example irritable, easily stimulated,

explosive emotions and unable to control their feelings. This situation often causes various problems of adolescents.

Schools as formal institutions that are given the tasks and responsibilities to help students towards the direction of optimal maturity must have concrete steps to prevent and overcome this emotional problem. In group counseling and guidance services children can practice to be good listeners, how to raise problems, how to control themselves both in reaching fellow members' problems and their own problems.

Second, the problem of adjustment. To achieve the goals of adult polasocialisation, adolescents must make many new adjustments. In this phase, more teenagers outside the home with friends as a group, it is understandable that the influence of peers in all patterns of behavior, attitudes, interests, and lifestyle is greater than the influence of the family. Adolescent behavior is very dependent on the patterns of group behavior. The problem is if they are wrong in getting along, such conditions adolescents tend to follow the wrong association without caring about the various consequences that will befall him because the need for acceptance in the peer group is considered most important.

Third, Sexual Behavior Problems. In puberty (adolescence), adolescents have begun to be attracted to the opposite sex so that a strong desire arises to get support and attention from the opposite sex, as a result, adolescents have a high interest in sex. They should seek or obtain information about the ins and outs of sex from parents, but in reality they are more looking for information from sources that sometimes cannot be accounted for. As a result of inaccurate information that can lead to adolescent sexual behavior which when viewed in terms of moral and health is not feasible to do. To overcome and overcome these problems, schools should take concrete actions, such as sex education.

Fourth, the issue of Social Behavior. Discrimination against those of different racial, or socioeconomic backgrounds can give birth to gangs or groups of adolescents whose formation is based on similar ethnic backgrounds, and socioeconomic, this can trigger hostilities between groups or gangs. To prevent and overcome these problems,

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schools can organize group activities without regard to ethnic, religious, racial and socio-economic backgrounds.

Fifth, Moral Issues. Moral problems that occur in adolescents are characterized by the inability of adolescents to distinguish what is right and what is wrong. This is caused by inconsistencies in the concepts of right and wrong found in everyday life. So, schools should organize various religious activities, improve character education.

## **CONCLUSION**

1. Problems faced by Medan City MTsN students, including: (1) Problematic behavior (problem behavior); (2) Deviant behavior (behavior disorder); (3) wrong self-adjustment (maladjustment behavior); (4) Behavior can not distinguish right-wrong (conduct disorder); and (5) Attention Deficit Hyperactivity disorder.
2. Counseling services in Medan City MTsN are carried out with various approaches. First the orientation service is carried out with the advice and Mau'izatul Hasanah approach. Second, information services are implemented using a wisdom approach. Third, placement and distribution services are carried out with the advice approach, and through wisdom (bi Al-Hikmah). Fourth, tutoring services are implemented with the advice, wisdom (bi Al-Hikmah), Mau'izatul Hasanah, and Mujadalah. Fifth, the Content Mastery Service is carried out with the advice and warning approach. Sixth, individual counseling services are carried out using an advisory approach, Mau'izatul Hasanah, and Mujadalah. Seventh, group guidance services are carried out with the approach of advice, willingness, wisdom, mujadalah and warnings. Eighth, group counseling services carried out with the approach of advice, mauizatul hasanah, wisdom, mujadalah and warnings. Kesembila, Consultation Services carried out with the approach of advice, mauizatul hasanah, wisdom, and mujadalah. And tenth, mediation services carried out with the approach of advice, willingness, wisdom, mujadalah and warnings.
3. Supporting factors that can help BK teachers in implementing counseling services in MTsN Medan City are (1) internal factors and (2) external factors. First, internal factors consist of: (1) counselor's educational background; (2)



competencies possessed by counselors; (3) aspects of knowledge already possessed by the counselor; (4) attitudes and beliefs in the guidance and counseling profession; (5) counselor's health condition; (6) self motivation to do a good job; (7) the emotional state of the counselor; and (8) sociological and psychological conditions of counselors and counsees. And Second, external factors consist of: (1) Application of guidance counseling instrumentation; (2) Organization of data sets; (3) Case conference; (4) Home visits; (5) Transfer of cases and help from colleagues; (6) support from superiors in supporting the BK teacher's professional duties; (7) support from parents of students in carrying out professional tasks; (8) the number of BK teacher training and professional development programs.

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