

# THE ROLE OF THE FAMILY IN DEVELOPING CHILDREN'S DELINQUENCY THROUGH THE ISLAMI COUNSELING

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**Abstract**: This article discusses the role of the family in fostering children's delinquency through Islamic counseling guidance. The discussion initially begins with the definition of counseling guidance, Islamic counseling guidance, the purpose of Islamic counseling guidance, family, the definition of children's delinquency, the parent's roles, the causes of the delinquency of children, efforts to overcome the delinquency of children, and urgency of Islamic family counseling guidance in which refers to the role of the family in overcoming the delinquency of children through Islamic counseling guidance which is a process of providing assistance and guidance to individuals gradually and continuously as well systematic conducted by an expert who has received special training to conduct guidance. The method used in this paper was the library research approach.

**Keyword**: Children's Delinquency, Family, Islamic Counseling Guidance.

## **INTRODUCTION**

In this life, the family has an important role in the growth and development of the child's personality.¹ Because the function of the family becomes an assessment for the outside community in the attitude of the child in his social environment if the child is good. So the community thinks the education system in their family is good, and if the child behaves badly. So people think bad about the education system in their families. In families, children are raised through good interaction with one another, children are also formed for good personality values, and good thinking patterns and habits are formed.² Where the family always provides good values of life in the form of religion and social culture. All that is done by the family, especially parents, so that the child becomes a social creature that is useful and good for the community.

In religious teachings also provide instructions on the duties and functions of parents in caring for and educating children, so that their lives are on the path of truth to avoid the dangers of life, both in this world and the hereafter<sup>3</sup>. As explained in QS. At-Tahrim verse 6, which reads: "You who believe, preserve yourself and your family from the

<sup>&</sup>lt;sup>1</sup> Syamsu Yusuf, *Kesehatan Mental Perspektif Psikologis dan Agama*, (Bandung: PT. Remaja Roskarya Offest, 2018), p. 175.

<sup>&</sup>lt;sup>2</sup> Moeljono, *Kesehatan Mental*, (Malang: UMM Press, 2016), p. 105.

<sup>&</sup>lt;sup>3</sup> Syamsu Yusuf, Kesehatan Mental..., p. 176.



fires of hell whose material is human and stone, guardians of angels who are rough, hard, and do not disobey Allah for what He has commanded them and always do what ordered."4

From the above verse, we can understand that every human being must take care of his family and provide good teaching by the teachings of the Al-Qur'an and Hadith, by giving good teaching. Then the family will also be a good personality and make the family avoid the torments of hellfire in the future. Likewise in fostering a child, where all parents must take good care of their children, provide good teaching by the teachings of Islam, because the family is one of the biggest drivers for the formation of a child's personality, as contained in the hadith of the Messenger of Allah, which means: Rasulullah SAW said: "every child is born in a state of fitrah (*tauhidullah*) because it is his parents that child becomes Jewish, Christian and majus". (Narrated by Bukhari and Muslim).<sup>5</sup>

From this hadith, we can understand that family and especially parents are forming attitudes, behavior, and personality of children in themselves. If the parents give good teaching, then the child's personality is good and if the opposite gives bad lessons. So bad is the child's personality, it all depends on how parents educate their children.

Having a whole, happy family is everyone's dream, because a happy family is an ideal family for the mental development of a child. A happy family is a family where all members do not experience anxiety, anxiety, and disputes in the house. A happy family is a family that is known for all the necessities of life, both the inner and outer.6

In all family members must have a bond that is built based on love and affection, because even in the teachings of Islam also teaches that the family is built on love and affection. So that the family is called a sakinah family, the sakinah family is a family that has peace and togetherness and has peace of mind.7 Sakinah's family is mentioned in the QS. Ar-Rum verse 21, which reads: "And it is among the signs of His power that He creates for you wives of your kind so that you are inclined and feel at ease with him, and He makes you with love and affection. Surely in that, there are signs for people who think."

From the above verse, we can understand that the verse describes the purpose of the household to be achieved is happiness, peace, and peace of life in the family. The family is certainly expected for everyone, but what is expected by someone may not all be realized in reality. The expected happiness may not occur in the household life that a person wants,

 $<sup>^4</sup>$  QS. At-Tahrim 6.

<sup>&</sup>lt;sup>5</sup> Syamsu Yusuf, Kesehatan Mental....., p. 177

<sup>&</sup>lt;sup>6</sup> Rifda El-Fiah, "Konseling Keluarga dalam Perspektif HuKum Islam", dalam Jurnal Analisis, Vol. XVI, No. 1, Juni 2016, p. 154.

<sup>&</sup>lt;sup>7</sup> Rifda El-Fiah, "Konseling Keluarga.... p. 154.

<sup>8</sup> QS. Ar-Rum 21



all that is expected to be happy becomes suffering and misery for his life. Many factors affect happiness in the family, the problems that often arise in the family are the main triggers.

Small things can become big because these problems often occur. So from the problems that often occur make the family unhappy and out of harmony. All problems in the family will impact the child, were with the many problems that exist in the family the child becomes mentally depressed, and mentally unhealthy resulting in delinquency of children in their social environment. The delinquency of children that often occurs in the social environment is a manifestation of their inner stress, wherein their families are always the victims in a family that is not harmonious. So that makes the children's personality becomes bad, and his mental health also declined and the impact to do that is prohibited by the teachings of Islam.9 From the explanation above, it is needed the assistance of Islamic counseling guidance from others for families in fostering the delinquency of children, where Islamic counseling guidance is an effort in the form of assistance to resolve problems owned by someone by the teachings of the Al-Qur'an and Hadith. To achieve a happy life in the world and the hereafter. This Islamic counseling guidance is assistance that guides someone to solve their problems properly according to the teachings of Islam.

The purpose of this Islamic counseling guidance is to assist the individual in solving his life problems based on the instructions of Islamic teachings so that he can obtain happiness in the life of the world and the hereafter. So, in this Islamic counseling guidance process returns solutions to problems related to family life and fostering children's delinquency based on the provisions and instructions of the teachings of Islam. Therefore this is the role of the family in fostering juvenile delinquency through Islamic counseling guidance, by the title of the article above.

#### RESEARCH METHOD

The method used in this paper uses the library research approach. Study literature or literature is a series of activities related to literature data collection methods, with reading and recording and processing of materials research. <sup>10</sup> In this literature study, four main characteristics need attention: First, the writer or researcher deals directly with text (nash) or numeric data, not with direct knowledge from the field. Second, the library data

<sup>&</sup>lt;sup>9</sup> Rifda El-Fiah, "Konseling Keluarga..., p. 156.

<sup>&</sup>lt;sup>10</sup> Mestika Zed, Metode Penelitian Kepustakaan, (Jakarta: Yayasan Obor Indonesia, 2003), p. 3.

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is ready to use, meaning that the researcher does not go directly into the field because the researcher is dealing directly with the data source in the library.

Third, library data are generally secondary sources, in the sense that researchers obtain material or data from second hand and not original data from first data in the field. Fourth, library data conditions are not limited by space and time. <sup>11</sup>Based on the right of the above, then the p Collecting the data used by the author in the making of this article. The author examines several journals, books, and other documents along with data sources or other information deemed relevant to this paper.

### RESULTS AND DISCUSSION

## **Definition of Islamic Counseling Guidance**

From the explanation above regarding counseling guidance, we can understand the meaning of the counseling guidance, integrated it can be formulated that guidance and counseling is a process of assistance or assistance provided by counselors to individuals (counselees) through face-to-face meetings or reciprocal relationships between the two, to have the ability or ability to see both Sinatra both so that the counselee has the ability or ability to see and determine and solve his problems faced by him.12

Therefore for the The Definition of Islamic counseling guidance is a process of assisting individuals to be able to live by the provisions and instructions from God to achieve the happiness of living in the world and the hereafter.13If referred to in Arabic the word counseling is called al-Irshad or al-ist Sarah and the word guidance is called at-taiji. Therefore, guidance and counseling are referred to in Arabic as at-taiji was al-Irshad or attaiji was al-ist Sarah. Etymologically the word Irshad means al-Huda, ad-dalalah, in Indonesian the meaning is clues, while the word istisyarah has the meaning Talabani Minh ut-masyural/an-nasihah. Whereas in Indonesian means asking for advice or consultation. The word al-Irshad itself often appears in the Al-Qur'an and Hadith as well as books that discuss the study of Islam.<sup>14</sup> Therefore Islamic counseling is assistance that advises individuals or clients to realize the return of existence as creatures of God who should live according to the provisions and instructions of God, to create happiness in the world and the hereafter.<sup>15</sup>

<sup>&</sup>lt;sup>11</sup> Mestika Zed, *Metode Penelitian...*, p. 4-5.

<sup>12</sup> Thohari Musnamar, Dasar-Dasar Konseptual Bimbingan Konseling Islami, (Yogyakarta: UII Pers), p.5

<sup>&</sup>lt;sup>13</sup> Tohirin, *Bimbingan dan Konseling di Sekolah dan Madrasah (Berbasis Integrasi*), (Jakarta: Raja Grafindo Persada, 2007), p. 16.

<sup>&</sup>lt;sup>14</sup> Saiful Akhyar Lubis, *Konseling Islami dan Kesehatan Mental*, (Bandung: Citapustaka Media Perintis, 2011), p. 57.

<sup>&</sup>lt;sup>15</sup> Thohari Musnamar, *Dasar-Dasar....* p. 7.



## 1. The Purpose of Islamic Counseling Guidance

Islamic counseling guidance aims to help individuals solve the life problems they face based on the instructions of the teachings of Islam to obtain the world and hereafter happiness. $^{16}$ 

# 2. The Definition of Family

The family is the most important member of the community, meaning a family is a group that has a very close relationship with other members. Where the family is formed from a unit that is a limited organization and has a very minimum size, especially on parties that have a bond.<sup>17</sup>

M according to Murdock family is a social group (social groups) characterized by cohabitation, the cooperation of the two sexes, at least two of them based on marriage and one or more children who stay with them to socialize. The socialization given by parents is not single in a socialization process carried out in the family, for example, the socialization given by parents to their children. Socialization can take place perfectly because socialization is a very complex process.18

According to M. MunandarSoelaeman family is as the smallest social unity that humans have as social creatures, which is characterized by economic cooperation.19

According to Wahyu, the family consists of a man and a woman, plus their children who usually live in the same house.20Therefore, the family is the group member closest to us and has an inner bond with us and lives interdependently in one place of residence where there are a father, mother, brother, sister, and others or consisting of a man men and women who live together in their respective roles.

## 3. The Definition Children's Delinquency

People's opinions about what is meant by delinquency are not the same. The difference was seen from neighborhood and situations where the child was alive, might see a regarded as res confessions naughty by people who live in big cities, in contrast to what is considered a rogue by or and living in villages. The view may also differ from one person to another, according to the progress of their respective minds. So there are people who consider their child a cal if the child dares to answer or refute the words of his parents, or

<sup>&</sup>lt;sup>16</sup> Aunur Rahim Faqih, *Bimbingan dan Konseling Dalam Islam*, (Yogyakarta: UII Pers, 2004), p. 58-59.

<sup>&</sup>lt;sup>17</sup> Rustina, *"Keluarga Dalam Kajian Sosiologi" Jurnal Musawa*, Vol. 6 No. 2 Desember 2014 : 287-322, p. 291.

<sup>&</sup>lt;sup>18</sup> Rustina, "Keluarga Dalam..., p. 291.

<sup>&</sup>lt;sup>19</sup> Munandar Soelaeman, *Ilmu Sosial Dasar Teori dan Konsep Ilmu Sosial*, (Bandung : PT. Eresco, 1992), p.55.

<sup>&</sup>lt;sup>20</sup> Wahyu, *Pokok-pokok Materi Kuliah Sosiologi Pendidikan Islam*, (Banjarmasin, 2010), Cet. IX, p. 1.

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what if the child often fights with other children or with his siblings. But on the contrary, some people think the problem above is just a matter of course, maybe it is even considered normal if their children often fight and fight.<sup>21</sup>

However, there will remain the general opinion about the mischief of a child, who may determine that the behavior and habits of confessions classified to delinquency, Mass I mya stealing, robbery, armed robbery, murder, violating the honor and so. And which by law is seen as a criminal offense that must be punished if those who commit the crime are children who have not been adults are seen as per- made naughty or delinquency.22

If the delinquency is reviewed in terms of religion, it is also clear what is told and what is prohibited. Then all the behaviors and actions that are forbidden in religion, if done by an adult, will sin and in the hereafter will be punished. But if the action is carried out by children who have not reached the age of age (not yet reached the maturity of a month or less than  $\pm$  15 years), then the responsibility and sin cannot be applied to him. Because the behavior and evil deeds of the child is considered as a result of any parent education to the child. If the upbringing and treatment he receives from childhood are good, of course, he will still be good. In summary, we can conclude that what is meant by juvenile delinquency, whether seen as an act that is not good, sinful acts, or as a manifestation of dissatisfaction, anxiety, are actions that disturb the calm and interest of others and sometimes yourself.

## 4. The role of parents

The role of the family, especially parents, is to educate their children by giving good teaching to them and to give love, where the family is an institution that can meet the needs of people, especially for the development of the personality and development of the human race. When talking about the role of the family by efforts to meet individual needs, the family is the first institution that can meet those needs. Through care, and good treatment from parents. Where children can meet their basic needs, whether in the form of birth or inner and sociopsychological. In Islamic teachings the role of parents in educating children is to provide education aimed at world and hereafter affairs, therefore the role of parents in Islam is: a). Give a good name, b). Ber'aqiqah on the seventh day of his birth, c). Circumcise, d). Smarten morals.

Teach you to read and write letters of the Al-Qur'an an: a). Educate it to monotheism and faith, b). Guide him to prayer and other matters of worship, c). Giving

<sup>&</sup>lt;sup>21</sup> Zakiah Drajat, *Kesehatan Mental*, (Jakarta: PT. Gita Karya, 2016), p. 117.

<sup>&</sup>lt;sup>22</sup> Zakiah Drajat, *Kesehatan...*, p. 119.

<sup>&</sup>lt;sup>23</sup> Syamsu Yusuf, *Kesehatan Mental...*, p. 178.



lessons to various required knowledge, d). Giving skills lessons, e). Providing physical education, f). Halal food and drink, g). Married (arranged), h). Give or inherit property.

A happy family is something very important for the child's emotional development, where happiness is obtained when the family played their roles well. The important function of the family is to provide a sense of belonging, security, affection and develop a good relationship between family members. The relationship of affection in the family is not limited to feelings but also relates to a sense of responsibility, attention, The Definition, respect and the desire to grow and develop the child he loves. Families that are not harmonious and full of conflict can cause problems in children's mental health.24

## 5. The Causes of Misbehavior in Children

There are so many factors that encourage children to reach delinquency. Educational factors, family environment, economy, society, social politics and so on. There are indeed too many f actor-factors that influence the growth of the child's personality. Besides, also many examples of behavior that is not good that I concoct get from adults, films, short stories, comics are not, disregards the value and quality, but just looking at their commercial terms only. Among the factors-factors that stand out among others:

# a. Lack of Religious Education

Many people asked with pen religious upbringing here is not the lessons given and organized by teachers throughout school graduation only. However, the most important thing is the cultivation of a religious soul that starts from the household, since the child is still a child, by accustoming the child to good qualities and habits, for example, accustomed to respecting the rights of others, accustomed to say frankly, correctly and honest, in overcome light difficulties, calmly treated fairly and well, taught to be helpful, willing to forgive people's mistakes, instilled the love of fellow brothers and so on.

The behavior well in the spirit of that religion, would can embedded easily on soul child when the adults in around (especially mother-father) give examples of good qualities in their lives every day because children imitate it faster than The Definition the abstract words. However, it is very sad for us, seeing the reality of many parents who do not understand the teachings of their religion, and many even look down on religious teachings, so that religious education is practically never implemented in many families. Aside from religious education which the child did not receive at home, even in the past, religious education has not received attention. Religion is considered less important does not affect the uplift of children. Besides that, religious teachers are often considered

<sup>&</sup>lt;sup>24</sup> Syamsu Yusuf, Kesehatan Mental..., p. 178.

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inferior so that in the end children do not receive true religious education, both from their parents and from their school teachers.

By not knowing the child of the true spirit of religion, his conscience will be weakened (the super-ego), because it is not formed from the values of the society or religion he received when he was a child. If the liver conscience is the weak, or unsure controller in the child-value empty of good value, then it would be easy to brand a behavior- mired in behavior that is not good and indulge in what makes happy him at that time, without think of the aftermath.

### b. The Lack of The Definition Parents About Education

Many people like that do not understand which way to educate children. They thought that if have provided food, clothing and health care are sufficient to the child, has finished off their duties some thought that educate kid with a hard, would make a good person and so on.

Indeed, the most important thing in the education of the child, the child of his parents, where he feels loved, cared for and heeded in the family. Besides, he should feel that in conjunction with the parent he was treated fairly among the brothers, he feels safe and secure, without any sense of fear of being scolded, in o look or comparisons, brothers else. Freedom within limits acceptable limit is not tied or restrained by per tour 's regulations or parenting advice.25

If the child feels unloved by his parents and feels that he is not getting enough attention from his parents, he will try to find that darling in various ways. For example, with behavior that attracts attention, often groggy, fighting, disturbing others, do not want to do what was told by parents and so on. So many of the children who became n mind that, as a result of feeling stress in the caring parents, then the mischief of her in terms of this, as punishment or retaliation for parents.

## c. Less Regular Charging Time

Fell spare time it greatly affects children's behavior. In our society, little attention is given to good ways to fill free time for children. There was even a parent who thinks the entire time the child must be filled with something useful example of her learning, or alarm help parents and so on. Playing around, channeling their hobbies is considered a waste of time, otherwise, children who are treated like this will grumble, and may fight back to parents, play truant from school and may also be emotionally disturbed.

<sup>&</sup>lt;sup>25</sup> Syamsu Yusuf, *Kesehatan Mental...*, p. 121.



For capable parents, they usually don't need the help of their child, he feels that all he needs to manage is the child's time to study and go to school. Being the rest of the child was left as he wanted, whether playing far, driving or speeding and so on. Indeed, if the children have begun to reach the age of approximately 13 years and so on, usually she is happy to be in the midst of his friends, from the always at home with parents or and what is loved by his friends, that's what pleases. If the children were left to find their way to feel their spare time, it will feel rejoins. the way that makes happy, while consideration of good and bad, still less they know.

We need to realize, that the growth of children from the age of 13 years and over also brings changes to sexual feelings, they begin to feel happy for other types and curiosity grows. They will likely fall into evil or abnormalities such as masturbation, homosexuality and so on if the impulses of the new soul are not channeled with good leadership toward the healthy mental formation.<sup>26</sup>

# d. Unstable Social Circumstances, Political and Economy

If social, political and economic conditions are unstable, the community will be shaken and agitated, because every change that occurs will cause a shock. Therefore one must try on matching right to the changes that so feelings can stabil and quiet to meal. To adjust to one change is not easy, because what must be changed is the attitude of the soul so that the self can accept the material and can find a way, how to overcome it.

If changes occur frequently, then people should try to adjust more often to new changes that occur. However, mental changes and mental attitudes cannot be done easily and quickly, even people who are not strong in fear may be difficult for him to frequently change his attitude. Indeed in any country and any era, spiritual mental changes are very difficult to do. Then we will find in society, the shocks and anxiety that lead to feelings of panic, confusion, anger, sadness and so on. These unpleasant feelings will have a significant effect on people's actions and behavior.

The shock and anxiety of parents or community members in general influences their actions and behavior towards children, for example, they will pay less attention to or ignore the special problems faced by their children. Maybe they will often scold or release their anxiety towards their children. Besides that, the children themselves are already feeling restless seeing their parents nervous.

If the child who is increased adolescence face anxieties and difficulties due to the shock state of socio-political and economic, as well as problems of their own that occurs

<sup>&</sup>lt;sup>26</sup> Syamsu Yusuf, Kesehatan Mental..., p.122.

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due to the growth and Changes transformations that accompany the growth of age, then tossing the soul and anxiety their anxiety will get worse too. To cope with the feelings it u calmly, it is not easy for children's compassion in the growth and Changes that. Then there are disturbances in behavior, mind, and even physical health, and what happens more often are actions that are considered by delinquents as delinquency.<sup>27</sup>

## e. The Number of Films and Books that Are Not Good Readings

Films and reading books that describe crimes, it looks like gamblers, the cunning of robbers and thieves, bandits and the spirits of young souls, are very much loved. Crime, moral depravity and the cunning of the actors in these stories attracted the attention of people especially young people who also felt feelings of stress, both from their parents/family and from the outside community. The soul that is suppressed will look for ways to channel it out. If the reasonable distribution is not possible, then unreasonable ways will occur, among others, is to identify (equate) himself with the actors in the story that match him. The reading and the film provide an opportunity for children to express their pent-up hearts while having the effect of stimulating children to follow and imitate them in their daily lives. Finally, unconsciously mere ka have to imitate or emulate the heroes unscrupulous contained in the film and books such.<sup>28</sup>

# 6. Efforts To Minimize the Children's Naughty

To return a naughty child to a good character or healthy behavior, it is not possible to punish him with punishments such as prison, body germ, beating, tortured and so on. Because these germs only affect in a short time. We've penalties that can withstand/stop illicit behavior-behavior during the punishment was threatened. After that, he will return to the wrong behavior if the tension of his feelings is not resolved. And for ignoring children of not quite situation and naughtiness, we can dopreventive measures include:

## a. Religious Education

Religious education must start at home since the child is still small. Religious education does not only mean giving religious lessons to children who have not yet understood and can grasp abstract notions. However, the most important is the maintenance of the soul to believe in God, make it a habit to obey and maintain the values and rules determined by religious teachings.

If we want late it is necessary to establish and cultivate the personality of children towards healthy and strong, namely by providing good experiences, moral values are high,

<sup>&</sup>lt;sup>27</sup> Syamsu Yusuf, Kesehatan Mental..., p. 123.

<sup>&</sup>lt;sup>28</sup> Syamsu Yusuf, *Kesehatan Mental...*, p. 128.



and habits by the teachings of since's birth. These experiences will all become material in fostering personality.

Among the methods of planting the soul religion, is that the child is treated gently, always remembering the greatness of God and accustomed to thanking and thanking God. Good parental habits will cause the child to imitate him happy because he feels relieved for his parents' treatment.

In giving good habits to children and forbidding them from unhealthy behaviors, don't scare the child with torture or punishment that will be received from God. Because torture and punishment will cause the child to fear God and will make an association between torture and God. It likes this, maybe later in the teen years will cause the child to seek the way ignoring of fear by perhaps rebelling against God or no longer willing to obey the commands used to compliance because once he received before thinking, coral wit already had grown and many think logically. So, if the personality of the child is formed of good experience, belief in God, the properties and behavior-behavior that is good, is by itself the values and rules of moral religion that will be sent be joint in growth, hereinafter to it can do desires are not good or that Berten hand with the importance those of others.

### b. Parents Must Understand Basic Education

If the education and treatment received by the child since childhood are the main causes of the delinquency of the children, then every parent must know the basics of minimal knowledge about the soul of the child and the main points of education that are must be done in dealing with various characteristics of the child.<sup>29</sup> This does not mean that we assume that only educated people can avoid the delinquency of their children, no. Because of how many people are students, high in knowledge, but he is not able to face the problems that arise when dealing with his children, because he does not understand the basic principles that must be guaranteed in raising his children.<sup>30</sup>

For that, it is necessary as soon as may be parents and prospective parents to learn the basics minimal must can education. It is possible to help experts and willingness parents to understand themselves and their children. If we just show the attention to children 's wrote, without aware that there were errors in ourselves will be is difficult for the child to face treatment parents which cause mischief. This has been proven in mental care, that is, if a child who is suffering from a mental disorder is cared for without involving his parents in the treatment, then the changes that occur are very slow. But what if his

<sup>&</sup>lt;sup>29</sup> Syamsu Yusuf, *Kesehatan Mental...*,p. 129.

<sup>&</sup>lt;sup>30</sup> Syamsu Yusuf, Kesehatan Mental...,p. 130.

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parents come to be cared for, in the sense of being given an The Definition and an opportunity to reveal what is felt, then the healing or change of behavior of his child is immediately apparent.

## c. Regular leisure-time charging

In thinking about how to fill free time, we should not let the child find his way. Children who are on the rise mainly teens, being preoccupied with themselves, because they are facing Peru materials kind-wide and meet a lot of problems-problems personal. If they are not good at spending spare time, they might sink into thinking about themselves, become daydreamers, far from being real.

Besides having a lot of mind for themselves, they also have a lot of energy that drives them to actively exert energy, which if not channeled properly and healthily, might be channeled in an unhealthy direction and try unhealthy habits. To channel the desire passion overflowing and subtracting restricted mind map themselves, it is necessary to look for the way well as sports activities, work happily, etc. This is where we cultivate hobbies kids, members of fish instructions, advice, the chance and help to develop skills so they can avoid empty accumulators which often brings to bat that is not good. Nor should children always be burdened with certain jobs and tasks, so that they no longer think about it, especially those jobs and assignments. This will also have a bad effect on himself because it kills or does not develop interests and talents.<sup>31</sup>

# d. Form Guidance and Counseling Headquarters

Among naughty children, some need treatments soul or guidance, specifically, for example, children to be bad because he felt unloved as a child, and become bitter to that person specific or communities at won't it. If they deal with their mischief with violence, for example by punishing or putting them into prison, then our actions will not be able to improve the behavior of these children. Because mischief came from feeling depressed, then the penalties only add more pressure to the pressure that already exists, so the soul will add depressed, and he increasingly wants regardless of a push early mentioned, perhaps with another mischief. If we can deal with a naughty child by pleasing his anxious heart, helping solve the confused thinking, then his heart will be relieved. If his heart is relieved, the mind has calmed down, with its own mischief will be lacking because there is no longer disturbing his heart.

In the experience of caring for naughty children, many children are helped by pleasing them. Most child-a son adolescents suffering from anxiety and confusion because

<sup>&</sup>lt;sup>31</sup>Syamsu Yusuf, *Kesehatan Mental...*,p. 131.



they do not understand the per plant they are going through and the lack of The Definition from parents and people against them, so that adds to the suffering of those. Hence the need for the headquarters counseling and guidance in every school or in every area to accommodate the hardship-case size of these children.

## e. Filtering Story Books, Comics, Films and so on

Be loyal to stories that are read, seen or heard by children that have pedagogical and psychological qualities and values, so that they do not find examples and are not good in the stories. Because children will be more inclined to imitate, imagine or identify themselves with these stories. This will not be good for them, they want to try and want to feel it too. Because it must be the one who is obliged to filter it.

As a conclusion, we can say that the delinquency of children cannot be left out of the education and behavior received by children from parents, schools and the community. If we want to change and correct naughty children and prevent our children from becoming someday become naughty, then the factors and problems starting from the household, school, and society must be corrected in addition to helping children itself.<sup>32</sup>

# 7. The urgency of Islamic Counseling Guidance Family

Guidance for family counseling in general according to Ethan is to create a family that can carry out their respective roles and mutually support and complement each other. According to Glick and Kessler is a facility of communication of thoughts and feelings between family members, composing disturbances and inflexibility of roles and conditions, and providing services as models and education of certain roles to family members. While family counseling guidance specifically according to Bowen is helping clients to achieve individuality so that they can be themselves and separate from the family system. According to Minuchin family counseling guidance is to change the structure in the family by rearranging the unity and healing divisions among family members.

From some opinions expressed by experts, the urgency of family Islamic counseling guidance is to help the individual (family) to solve the problem, so that they become an independent person is facing a problem and make the family as a whole and harmonious family by the teachings of Islam and achieve a happy life in this world and the hereafter.<sup>33</sup>

<sup>&</sup>lt;sup>32</sup> Syamsu Yusuf, *Kesehatan Mental...*,p. 132.

<sup>&</sup>lt;sup>33</sup> Namora Lumongga Lubis, *Memahami Dasar-dasar Konseling Dalam Teori dan Praktik*, (Jakarta: Kencana, 2011), p. 237.

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### **CONCLUSION**

Counseling guidance is a form of assistance to solve someone's problems so that the person can solve them well and be independent in solving their problems. While Islamic counseling guidance is a form of helping to solve someone's problems so that the person can solve them properly and correctly by the teachings of Islam.

Islamic counseling guidance here is to help someone to resolve their problems by the teachings of the Qur'an and hadith, which is in this Islamic counseling guidance. Someone will be restored to his existence as a human being created by God so that people who have these problems will also be returned to their problems and given assistance and directed to resolve the problem with what has been taught and forbidden by God in the Qur'an and Hadith.

Having a harmonious family is everyone's dream, but we cannot achieve that dream without God's provisions. God gives trials to his servants with various problems, including problems that exist in the family. Problems given by God are various so that these problems have an impact on children and make children become mentally disturbed health. If that happens, then the child will make mischief in his social environment. Because of the mischief made by children is one form of feeling depressed inner child who sees his family out of harmony and makes them victims of family disharmony.

Therefore the role of the family, especially parents, must always educate and teach their children by the teachings of Islam. And always apply the little things to their children, because children sometimes do not know what we say to them, what we want is not necessarily understood by children. By giving practice and example to the child, the child will understand what we want and they will feel comfortable and feel cared for by their parents. After we practice small things on children, the impact or a child's mischief certainly does not occur.

Therefore we as parents, no matter how big the problems we face must always draw closer to God and never vent our anger on our children and always correct ourselves. Is it true that we are in educating children according to what is taught in religion and whether it is true that we are the parents the child wants? Therefore continue to self-correct and multiply sharing to people who are experts in solving our problems, so that a harmonious family and child delinquency does not occur in our family

# **ADVICE**

For families, especially parents must always pay attention to the development of children, where children need attention both in material and spiritual. all of that must be



done in small practice in life, so that children understand that their parents care and love their children and there is no misbehavior committed by children in their social environment.

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