

## RELEVANCE OF ISLAMIC EDUCATION METHODS TO GROWTH MINDSET GENERATION

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### ABSTRACT

Changes that occur continuously result in the impact of culture shock among today's generation of students. The world continues to innovate along with an advanced paradigm. The impact of confusion about what is happening among students is seen by the increasing use of social media and the violence that is happening and being carried out among students today. As a result of being unproductive and the loss of spirituality in oneself, someone does random things to fill the void. Of course, this condition is an important note for Islamic Education which functions as a balancing wheel for human consistency in the future. The purpose of this research is to find out the application of the relevance of Islamic education methods in the Koran to the growth mindset paradigm in millennials caused by disruption factors in all current aspects

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## 1. INTRODUCTION

Islam has very sacred theological roots. The Qur'an and Hadith are theological forms that can be used as a guide for humans. God created humans very perfectly for the capacity of creatures. Allah includes fitrah as a potential that can help humans carry out their lives towards eternal life. Then based on these theological roots the Qur'an reveals all aspects that make it easier for humans. 'Aqlis one of the devices that God has bestowed on humans to grow and develop to achieve the goal of their highest nature as the caliph of Allah on earth.

In Islamic education it is explained that aql is one of the proofs that humans are perfect human creations. With aql, humans can think and determine the journey that will be achieved in their life. Because Allah swt also explains that humans do have nature, but humans also play a role in their own lives.

If it is understood that the Qur'an and Hadith really want humans to be able to use their minds for their creation and the universe. Therefore, the Koran is relevant from the time it was revealed until the end of human life. Therefore, innovation in all human aspects cannot be separated from the results of ijtihad and human ability to interpret the Koran as a holy book.

One of them is the pattern of the Islamic educational psychology paradigm which innovates from one style to another, for example growth mindset. Innovation is a way to produce positive changes that make life easier and better. (Yunus, 2014). Of course, this new paradigm is very important to study and needs to be discussed whether Islamic education methods are still very relevant in order to achieve this growth mindset.

Mindset is a word that consists of two words, namely mind and set. Mind means 'seat of thought and memory; the center of consciousness that generates thoughts, feelings, ideas, and perceptions, and stores Knowledge and memories' Then set "a preference for or increased ability in a particular activity which, if interpreted in Indonesian, prioritizes increasing ability in an activity. (Gunawan, 2007). If so, mindset is the level of belief or a way of thinking that can influence or determine one's behavior and attitude, as well as one's view of the future.

In the Qur'an the mind or comes from Arabic, namely 'aql. A human being is born with the nature of 'aql to think. Then aql in Indonesian has the meaning as a tool for thinking, mind or memory. (Poerwardawinta, 2007). And then reason ('aql can be used as the thinking power that exists within a person and while the thinking power is one of them is thinking, understanding and understanding. (Ensiklopedia, 2005).

'Aql is found at least 49 times in the Koran as for example found in (ta'qilun in QS al-Baqarah: 44, Ya'qilun in QS Furqan: 44 and Yasin: 68) Naqilu in QS Mulk; 10, Yaqiluha 9Q.S. Al-Ankabut: 43), aqaluhu in QS al-Baqarah; 20) and of course there are several words that indicate other meanings of thinking contained in the Qur'an

Mindset in the study of psychology consists of two types namely growth mindset (development mindset and fixed mindset). (Dweck, 2006). Growth if taken from the English dictionary means growth, development. So a growth mindset is a developing mindset. In the context of education growth mindset is

a basic potential in achieving learning success, because people who have a growth mindset are people who believe that their abilities and intelligence can continue to develop and grow. Thus, a growth mindset is one that is based on belief in the basic qualities that exist within a person which are things that can be cultivated through certain efforts.

Of course it's not easy to do train students to be able to understand the concept of growth mindset. But to be able to grow and build growth in a person by practicing self-habitation in managing emotions. There are several aspects of the growth mindset, namely (1) belief in intelligence, talent and character that can be developed, (2) belief that challenges or difficulties and failures are important for self-development, (3) belief that effort and hard work contribute to success, (4) belief criticism and input from other people bait success. (Rahmat, 2020).

In the learning process known as the method. Method is the way of an educator in providing teaching to students. The method does not only function as a method but the method in Islamic education must be able to have several functions such as for example it must be able to stimulate students' thinking processes, make it easier for students to understand the material being taught and must also be used as an alternative to provide a more focused appreciation of the material being studied. Regarding the method, there are several methods that can be drawn from the Koran related to methods.

#### (1) Story And Lecture Method

The story method is the most classic method, but it is still relevant today even by adding certain techniques. Method Lectures are known as a form of learning with a learning model that takes place by providing descriptions and explanations to students at a certain time and place. (Drajat, 2004). Allah provides information regarding the method contained in Q.S. Al-Kahfi :66-67

قَالَ لَهُ مُوسَى هَلْ أَتَّبِعُكَ عَلَىٰ أَنْ تُعَلِّمَ مِنِّي مِمَّا عَلَّمْتَ رُشْدًا

قَالَ إِنَّكَ لَنْ تَسْتَطِيعَ مَعِيَ صَبْرًا

وَكَيْفَ تَصْبِرُ عَلَىٰ مَا لَمْ تُحِطْ بِهِ خُبْرًا

It means: " Musa said to him (Khidhr), " may I follow you so that you teach me (true knowledge) that has been taught to you (to be) guidance /" He replied really you would not be able to be patient with me. How can you be patient with something of which you do not have enough knowledge about it. (QS Al-Kahf) (Tim Al-Qoshbah, 2022).

Based on the message of the Koran in the word above suggests several meanings that can be made a basis in determining the learning method. The story between Musa and Khidr provides an explanation that in teaching students to study, they must be able to awaken students to intentions and patience. The above words also have meaning about how students behave with their educators and how educators inspire students' intentions or foundations. (Ar-Rifai, 2012).

The meaning of this interpretation is also in line with the meaning that the dialogue is an ideal model in an educative context between educators and students who have ethical requirements and tenderness. (Az-Zuhaili, 2005). Besides that, it is implied how serious he is in studying knowledge which is illustrated from the dialogue in the word. (Shihab, 2002).

### (2) Methods of Discussion, Questions and Answers or Dialogue

In QS Al-Anbiya verse 7:

وَمَا أَرْسَلْنَا قَبْلَكَ إِلَّا رِجَالًا نُوْحِي إِلَيْهِمْ ۖ فَسْأَلُوا أَهْلَ الذِّكْرِ إِنْ كُنْتُمْ لَا تَعْلَمُونَ

It means: We did not send messengers before you (Muhammad), but men whom We gave revelations to them, so ask those who are knowledgeable, if you do not know." (QS al-Anbiya (21) : 7 ) (Tim Al-Qoshbah, 2022).

The special dialogue above indicates that there is a discussion or question-answer one question. The verse above implies about asking questions and by asking someone knows more about what he doesn't know (Tafsir Ibnu Katsir).

### (3) Awareness Method

In QS Luqman (31): 13)

وَإِذْ قَالَ لُقْمَانُ لِابْنِهِ ۖ وَهُوَ يَعِظُهُ ۖ يَا بُنَيَّ لَا تُشْرِكْ بِاللَّهِ ۚ إِنَّ الشِّرْكَ لَظُلْمٌ عَظِيمٌ

It means: "And (remember) when Luqman said to his son, when he taught his son a lesson," O my son! Do not associate partners with Allah, in fact associating (Allah) is truly a great injustice. (QS Luqman (31):13) (Tim Al-Qoshbah, 2022).

The word of God above is a simple example that is full of meaning where there is a message that reminds and teaches something good and leaves bad. Universally education is an effort to prevent and make students aware of something that is prohibited in religion and to remind them to do noble things for the good of the world and the hereafter. Luqman's will above are the messages and advice given to their children to obey the commands of Allah SWT and forbid what is wrong. (Al-Qurthubi, 2009). In the learning process it is very

important to emphasize what is prohibited and do what is good, so that awareness is one of the effective methods in learning Islamic education. (Shihab, 2002).

#### (4) Exemplary Method

The word in the verse above is very well known in the world of education that suggests that the ideal model is the Prophet Muhammad. In the word above also implies that as an educator must also be the Prophet Muhammad to be an example so that he will be able to be an example. The main points of the commandments contained in the word above are both in words, deeds and circumstances, therefore Allah commands humans to emulate the patience, firmness and sincerity of the Prophet Muhammad. (Ar-Rifai, 1999).

## **2. METHODS**

This type of research is a qualitative research approach to observation, interviews (Prasanti, 2018). Bogdan and Taylor's definition of a qualitative research method is a research procedure that produces descriptive data in the form of written or spoken words from teachers and students. Regarding the qualitative nature of Moleong stated that the research process was "carried out by collecting data repeatedly to the research location through the activity of making data and information records that were seen, heard and then analyzed.

The research approach used in this study is a descriptive qualitative analysis approach, as well as data collection techniques for several literature related to Islamic education methods with in-depth analysis. This type of research is literature study with data sources taken from searches of the Koran, books, and journal articles. In this study, content analysis was used to analyze the data..

In the qualitative research method, data was collected using several data collection techniques, namely: Interviews were conducted with Islamic religious education teachers who are material experts to obtain input for data improvement. In addition to this, interviews were also used to obtain information and complement existing data.

"In this study, data must be accepted to support research conclusions. Therefore it is necessary to use data validity standards consisting of: (1) credibility, (2) transferability, (3) dependability, (4) confirmability.

## **FINDINGS AND DISCUSSION**

### **1. Methods of Islamic Education**

If it is seen that the concept of Islamic education has at least several elements contained in it, including enculturation (aspects of life as a means of

acculturation, oriented and directing the development and growth of human life, and the third is developing an Islamic mindset towards the goals of life in the world and the hereafter. (Hidayati, 2021).

Thus automatically the methods of Islamic education must tend to achieve the goals of the concept of Islamic education. Some of the methods contained in the messages in the Koran including stories and lectures, discussions and questions and answers, awareness, giving rewards and punishments, and exemplary are still relevant in delivering the concept growth mindset.

The verbal method in the Koran implicitly illustrates that this method is very effective in making humans grow and develop (Islam kaffah). If viewed from a theoretical and practical point of view, the method has a certain place and suitability in its application. However, in this case the method described above meets the standards that can lead humans to good processes and achievements as well.

As explained above, the growth mindset is a paradigm that can stimulate a positive response to spur achievement and self-motivation. Growth mindset is self-intelligence that is needed in facing life today. Moral degradation and the lack of role models in the current digital era, a growth mindset approach is urgently needed to bring oneself to a safe and high position. Striving for a positive learning environment on your own and being able to explore your own potential skills without the help of others is one of the principles of the growth mindset.

Based on the results of adult research on learning motivation, culture shock among humans, especially among today's students, causes a decrease in motivation and a decrease in enthusiasm and causes boredom and frustration to be at an alarming. (Rahmat, 2020). This condition, for all education policy experts, requires an independent learning system to respond to the sudden and drastic changes in life at this time. Therefore, educators must have innovations and new approaches that are fresher to balance the psychological conditions that almost suffer from students today.

## 2. The Relevance of Islamic Education Methods in Encouraging the Growth Mindset of Students.

The concept of Islamic education is built on a strong foundation based on the sacred nature of man to God (Theological Roots). The lecture method which is innovative but still explores the deep essence of spirituality is one example that Islamic education methods are still very relevant for encouraging a growth mindset. The development of the digital world today proves that the da'wah process is one of the models that continues to be carried out by the younger

generation of Muslims today. For example packaging the stories of the Koran in the form of an applicationfixellaband sophisticated flitur make Islam dynamic and able to follow changes in modernity of life without leaving the essence of divinity.

Currently, there are many types of questions and answers and discussion methods that have developed into onebootcamp (q&a)in the world of technology which also shows that the Koran is never out of date in occupying its function as a guide and guide for human life.

Thus the method of Islamic education is very relevant, it is very possible to encourage people to continue to have a growth mindset in responding to conditions. Strong theological roots actually make the growth mindset perfect where the development process is intended as a form of human obedience to human nature, namely (respecting the 'aql mind)

## CONCLUTION

The conclusion that can be presented based on this discussion is that the method of Islamic education is a path or method that is traversed to achieve learning objectives that are in accordance with the conditions of students, materials, and conditions that have been planned in the context of implementing learning that can provide guidance and teaching in the right direction. good.

Meanwhile, the growth mindset is the level of trust or a way of thinking that can influence or determine one's behavior and attitude, as well as one's outlook on one's future. In the context of education, growth mindset is a paradigm or independent learning model in which a person can develop his knowledge and learning with the help of guides, modules, directions and evaluation with learning objectives without having to look at each other advance.

In psychology, these conditions can be called internal factors where students can motivate themselves to want to learn without being pushed by others. Of course, if it is drawn into the Islamic education method then of course the Islamic education method is still very relevant because as explained in the discourse above that the Islamic education method is a method whose source is the Koran and hadith which have proven to be effective and contextual.

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