

Skills Training for Cooking Contemporary Snacks Zuppa Soup for Santriwati in Islamic Boarding Schools in Deli Serdang Regency

Sri Ramadhani¹, Annio Indah Lestari Nasution²

^{1,2} Faculty of Islamic Economics and Business, Universitas Islam Negeri Sumatera Utara, Medan

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ABSTRACT

Community Service activities are carried out by providing training in cooking contemporary snacks which are practiced directly by the experts. This activity was carried out as an effort to increase the understanding and skills of santriwati in pesantren by utilizing the natural potential they have to improve the welfare of santri in particular and pesantren in general. This PKM activity is packaged through pesantren economic empowerment by providing training in cooking contemporary snacks in the form of zuppa soup which is not only delicious but also healthy. The implementation is carried out starting from preliminary survey activities, providing motivation, and training which involves hands-on practice sessions, interactive discussions, and providing relevant training materials and materials. The results of this training are expected to provide participants with new skills in cooking contemporary snacks and increase their understanding of culinary business management. The training on cooking contemporary snacks is one of the efforts to increase economic independence among the community, especially in the pesantren environment. Contemporary snacks have a large market potential and can be a source of additional income for individuals and groups. This research aims to provide an overview of cooking training for contemporary snacks as a form of community service, especially in the pesantren environment.

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Corresponding Author:

Name: Sri Ramadhani

Department: Management

Faculty: Faculty of Islamic Economics and Business

Afiliasi: Universitas Islam Negeri Sumatera Utara

Email: sriramadhani@uinsu.ac.id

1. INTRODUCTION

Pesantren as the oldest educational institution in Indonesia has a huge contribution that can be felt directly by the community. In general, pesantren in Indonesia have successfully played an important role in educating the younger generation with strong religious and moral values (Gumilang & Nurcholis, 2018). However, in the economic context, pesantren still face challenges in developing their independence. It is important to understand that although pesantren have great potential to

become self-reliant economic centers, there is still room to improve their economic development (Abidin, 2022). One way to improve the economic independence of pesantren is through the development of skills for their students. One form of skill that is needed is cooking, especially in cooking contemporary snacks. Contemporary snacks have their own appeal among the public, especially the younger generation, and have great market potential (Mayasari et al., 2021). By providing training in cooking contemporary snacks to santriwati, it is hoped that it can make a significant contribution to the development of their skills and potential. In addition, attention to halal and healthy cooking is also a major concern to form healthy living habits and mindsets (Septianto et al., 2020). By setting an example and providing halal and healthy snacks consistently, it can help build sustainable healthy eating habits among santriwati. Both of these will have a long-term positive impact on their lives after leaving the pesantren.

2. METHOD

This service activity is divided into three activity methods as follows:

1. Survey

Surveys are conducted in order to identify needs and select and determine:

- a. Types of contemporary snacks that are practical, halal, healthy, not too expensive but seem exclusive, namely zuppa soup which is a typical Italian dish.
- b. The location of the activity implementation which is located at the Islamic Boarding School Jl. Setia Makmur, Sunggal Village, Sunggal District Deli Serdang, North Sumatra.
- c. Practitioner partners who can be invited to work together, namely PPJI (Association of Indonesian Food Service Providers) Medan City.

2. Lectures and Discussions

The PKM team gave a lecture on the Strategic Role of Islamic Boarding Schools in Empowering the Economy and the importance of developing self-potential by equipping various skills for santriwati.

3. Demonstration or Practice

Cooking demonstrations are conducted by direct practitioners, namely chefs from the PPJI Medan City team. Practitioners not only demonstrated, but also provided knowledge about the nutritional value contained in the ingredients used, how to ensure halalness, maintain the hygiene of dishes, and provide some tips so that the resulting dishes taste delicious and look attractive. Not only that, even the calculation of how much production costs are incurred and how much the selling price is worth setting is also taught by practitioners. The team from PPJI also shared their experiences on how they tried to build a business in the culinary field. The santriwati carefully studied what ingredients were used in the process of making contemporary snacks (zuppa soup), then they were also involved in preparing ingredients, cooking, and making packaging, until the santriwati could make zuppa soup independently.

3. RESULTS AND DISCUSSION

Service Implementation Activities

1. The implementation of this service activity was preceded by a discussion to discuss the implementation of activities, division of roles, to the implementation of the training process for cooking contemporary snacks (zuppa soup) on-site technically.

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2. Conducting coordination stages with the person in charge of the santriwati in the pesantren and the PPJI team in Medan City.
3. Giving an introductory lecture that motivates the santriwati and provides knowledge about the strategic economic role of pesantren.
4. The PPJI team demonstrated and the santriwati participants enthusiastically got involved and managed to cook contemporary snacks (zuppa soup) independently and managed to make attractive packaging.



4. CONCLUSION

From the activities carried out to the community, especially the santriwati of the boarding school in Deli Serdang Regency, this is one of the efforts to equip them with life skills so that their motivation to become entrepreneurs in the culinary field grows, so that it is hoped that they will be

able to be economically independent when they leave the pesantren. The enthusiasm of the santriwati looks very high because they can interact directly with the PPJI Medan City team, who are business people who started their culinary business from the bottom, so that santriwati get the PPJI team's culinary business experience directly. Given the large potential of human resources and economic resources owned by existing pesantren, it is hoped that in the future community service activities carried out by PTKIN (State Islamic Higher Education) institutions, especially in North Sumatra, will pay attention to a larger portion.

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